

Robert J Berchick, Ph.D. Inc.
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Dear _____,

Date:_____

The No Surprises Act was expected to effect on January 1, 2022. However, as many problems exist with interpreting the law, this Act may not go into effect until March of 2022, the date on which insurance companies were to announce their exact interpretations. Unfortunately, until 12/31/2022, all healthcare providers were required to notify clients of their Federal rights and protections against “surprise billing on 1/1/2021.”

The federal No Surprise Act initially required out-of-network providers to provide you with a Good Faith Estimate of the cost of services (attached). Nonetheless, it is difficult to determine the correct frequency and duration of treatment before meeting a prospective client.

The Good Faith Estimate required more than notifying you that my standard fee is \$225 for a 90-minute live consult, in addition to around an hour of take-home questionnaires. The 55-60 minute session rate is \$185.00 (my typical hourly professional fee).

I will do my best to notify you promptly if there are again any more last-minute changes or any revamping of the federal Act.

And, please feel free to discuss treatment plans and the cost of 55-treatment at any time.

Sincerely yours,
Robert J Berchick, Ph.D, ABPP, A-CBT

Please sign and date

